

# Free Gymnastics Workshop

October 27<sup>th</sup>, November 10<sup>th</sup>, November 24<sup>th</sup>,  
December 8<sup>th</sup> and December 22<sup>nd</sup>

Youth Center 437 E. Dalton, Glendora CA

Ages: 3 to 5

Time: 3:00 p.m. to 3:30 p.m.

Ages 6 and up

Time: 3:30 p.m. to 4:00 p.m.

For more information please contact instructor Vivian Mercado through email at [vivian\\_mercado@vidafit.org](mailto:vivian_mercado@vidafit.org)

