# Programs | Computer Classes



#### **DRIVER SAFETY PROGRAM**

Co-sponsored by AARP

Fee: \$15 AARP member

\$20 for non-member

Two classes are offered. The 8-hour, 2 day class is open to anyone and the half-day, renewal program is for participants who have completed the 8 hour course within the past three years and just need to renew their certificate. Both classes are geared to the needs of older (ages 50 plus) motorists. Auto insurance companies are required by California Law, AB 2610, to offer a discount on premiums to qualified graduates of this course. **Participants must attend both days of the 8 hour session.** Classes are held on a bi-monthly basis. For those enrolling in the renewal class, you may be required to show your certificate of completion of an 8-hour course within the past 3 years. To register, call (626) 914-0560.

May 1 & 2 1:00 p.m.-5:00 p.m.

July 11 (RENEWAL ONLY) 12:30 p.m.-5:00 p.m.

September 4 & 5 1:00 p.m.-5:00 p.m.

#### **FOOD DISTRIBUTION PROGRAM**

The La Fetra Center and the Los Angeles Regional Food Bank invite SENIORS (ages 60+) to participate in the Commodity Supplemental Food Program. You can receive a FREE food kit once per month which contains items such as canned meats, canned fruits and vegetables, dry milk, cereals, and related products. You must meet the following income guidelines to be eligible; One person household, income must not exceed \$1,211 per month and a two person household, income must not exceed \$1,640 per month. You must provide income verification and a photo ID with birthdate at your first visit. The La Fetra Center distribution takes place on the FOURTH TUESDAY OF EVERY MONTH. For additional information, please call the Center at (626) 914-8235.

## **GLENDORA AFTER STROKE CENTER**

Co-sponsored by The After Stroke Center and the Glendora Community Services Department

A non-fee program for stroke survivors and their families. This supportive program offers relearning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support group. Lunch is available (\$2 senior lunch or \$2.50 deli sandwich). For more information, please call Sonia Schupbach at (626) 963-6186.

Wednesdays 9:00 a.m.-3:00 p.m.

## **COMPUTER CLASSES**

Pre-register at La Fetra Center

**Instructors:** Ell Fullmer, Jim Glass, and Connie Lang Space is limited in these computer classes, so early registration is encouraged! Fees must be paid at the time of registration and at least one week prior to class. Check should be made out to GSCC (Glendora Seniors Computer Club). All computer classes meet at La Fetra Center. No bilingual instruction is available for these classes.

### **ASK THE 'COMPUTER GUYS'**

Bring your computer questions/problems and our resident computer software 'tech-ie,' Ell Fullmer, will attempt to help you solve them. Come on down to the La Fetra Center on the SECOND THURSDAY of each month from 9:00 a.m.-12:00 p.m. and 'challenge' Ell with your Email, Internet, Excel, Microsoft XP, or other computer questions.

#### **WINDOWS 7 FOR BEGINNERS**

Fee: \$40 paid one week prior to 1st class If you are new to PCs or have been using a PC for a while but want to use it more effectively, then this 8-week course is for you. We will cover the fundamentals for the new computer user starting with how to turn it on and off. You will learn to become comfortable and enjoy your computer, write letters and memos on the computer, send and receive email, explore the World Wide Web, and customize your computer settings. Limited to 10 students who must each have his/her own PC or laptop running Windows 7 and an internet connection. Classroom PCs and other learning materials are provided. No refunds will be given after 1st week of class.

May 15-July 3

Thursdays 1:00 p.m. - 3:00 p.m.

# **EXCEL FOR BEGINNERS**

Fee: \$40 paid one week prior to 1st class
Learn how to build a spreadsheet. List your addresses and
telephone numbers in alphabetical order or numerical
order. Have columns add automatically. We don't start in
the middle; we start at the very beginning. Students must
have a computer and know how to use it, Microsoft Excel
must be installed on your laptop or home computer. The
first 10 students can use class computers. If students wish
to bring their laptops, they must be fully charged, as no
electricity will be provided. No refunds will be given after
1st week of class. Class is limited to 12 students.

July 10-August 28

Thursdays 1:00 p.m.-3:00 p.m.